

The Man Who Beat The Odds

04 October 2023 - Halton Gill Reading Room. 19.30

On July 24th, 2010, Chris Solomons was at work, where he found himself facing a massive heart attack that abruptly led to a cardiac arrest.

Thanks to the prompt actions of his colleagues, who immediately initiated CPR and utilised a defibrillator to deliver two crucial shocks, Chris was resuscitated and given a second chance at life.

Since that transformative incident, Chris has tirelessly campaigned to spread awareness about the life-saving potential of CPR training and public access defibrillators.

The Importance of CPR and Defibrillators, in Chris's own words:

“I'm still standing today because of the difference CPR and early treatment with a defibrillator made to my life.”

Chris will be recounting his experience of that day, his journey to recovery and his ventures around the world spreading the message about the importance of early CPR & access to Defibrillators.



If you would like to attend, please email your interest to John Howe – ellergillbarn@outlook.com

Stats:

- Fewer than 1 in 10 people survive an out of hospital cardiac arrest.
 - Around 7–8% of people in whom resuscitation is attempted survive to hospital discharge.
- Immediate initiation of CPR can double or quadruple survival from out hospital cardiac arrest.
 - Only 40% of people receive bystander CPR in the UK.
- Defibrillation within 3–5 minutes of collapse can produce survival rates up to 50–70%.
 - Each minute of delay reduces the probability of survival to hospital discharge by 10%.
 - Fewer than 2% of people have an automated external defibrillator (AED) deployed before the ambulance arrives.